

THE GAME PLAN

10 COMMITMENTS FOR SUCCESS

- 1 Have a Get Started Right Interview with Your Upline (24-48 hours from sign-up)**
 - > Identify your Why and set your goals
 - > Get connected
 - > Create an action plan
- 2 Commit to Your Beachbody® Fitness & Nutrition Program**
 - > Be a product of the product
- 3 Commit to at Least Two Exposures a Day**
 - > Use Team Beachbody 3rd Party Tools
 - > Retail and recruit
 - > Local and long distance
- 4 Attend One Local Event a Week**
 - > Beachbody Briefing, Beachbody Home Party, Trainings
- 5 Attend All Team Beachbody® Corporate Events**
 - > Regional and National
- 6 Treat Your Team Beachbody Business Like a Business**
 - > Manage your time to maximize productivity
 - > Work your daily plan
 - > Stay in Phase One
- 7 Apply the Laws of Duplication**
 - > Learn, do, teach, repeat
 - > Be system dependent
- 8 Commit to Personal Development**
 - > Program yourself for success
 - > Read books, listen to audio CDs, attend classes
- 9 Find a Success Partner**
 - > Someone who will help you achieve more
- 10 Be Here a Year from Now**
 - > And commit to following The Game Plan